

TRAUMA SYMPOSIUM

18-19 NOVEMBER 2011
STROUD, GLOUCESTERSHIRE

This event is designed for therapists and professionals working with trauma, and for people interested in research and shared learning in this field.

- ❖ **How do we recognise trauma?**
- ❖ **How do we think about it: neurologically, emotionally, physically, socially?**
- ❖ **How do we work with trauma, in different modalities and areas of application?**
- ❖ **How can we usefully engage together in learning, collaborating and sharing best practice?**

Modalities represented include CBT, Dialectical Behaviour Therapy, Mindfulness, EMDR, Somatic Experiencing, Advanced Integrative Therapy, Process Work, Embodied-Relational Therapy, Equine Facilitated Psychotherapy, Integrative Body Psychotherapy and Narrative Therapy.

Format: There will be large and small groups, speakers and presentations, discussions and facilitated group process. Some small group options will include experiential and multi-media learning and feedback, such as film and artspace.

Presenters & Facilitators include Dr Judith Anderson, Arlene Audergon, James Barrett, Pat Black, Mark Brayne, Isabel Clarke, Morit Heitzler, Rissa Mohabir, Heather Redington, Cate Reidy, Dr Natalie Tobert, Nick Totton and Helen Wells. **For full list and biographies see website www.ionara.org.uk**

Registration before 1st October: £120 or £80 for 1st day only. After 1st October: £140 or £90 for 1st day only. Includes CPD certificate and lunches catered by Star Anise Cafe www.staraniseartscafe.com

For more information see website www.ionara.org.uk

To book: email Iona Fredenburgh iona@ionara.org.uk
or call 07590 567350

Event organised by Process Work Stroud and supported by Gloucestershire Network for Psychotherapists & Counsellors

