

Managing the Threshold

Saturday 7th October

Between everyday reality and that encountered in Spiritual Crisis (sometimes labelled psychosis).

**Daniel Hadjiandreou and Isabel Clarke**

7.00 - 9.00 p.m. Kingsley Hall, Bromley-by-Bow.

More details: http://spiritualcrisisnetwork.uk/event/volunteer-social-day/

From his own intense and chaotic personal experience, Daniel Hadjiandreou shares what may occur when rapid opening to other dimensions happens without the skills and support of a loving, understanding community. He offers some suggestions on how this journey can be smoother and less traumatic.

Isabel Clarke will put such journeys into another realm of experience into a context that places them at the heart of being human - and invites a radical new look at what it is to be human.

Free for SCN members and friends.

£5 for others.